



What is an independent professional advocate?

An independent professional advocate is trained and paid to undertake their professional role as an advocate.

An advocate supports you to make sure your rights are respected and that your views and wishes are listened to.

An advocate will help you understand your options and make choices, and make sure you are fully involved in decisions that affect you.

Who can get an independent professional advocate?

You can access the Ceredigion Independent Professional Advocacy Service (CIPA) if:

You live in Ceredigion.

You are over 18 years old.

You have social care and support needs **OR** care for someone with support needs.

AND

Your support needs are being assessed, you are undergoing care & support planning,

your care plan is being reviewed, or you have a safeguarding enquiry.

AND

There are barriers that stop you from getting your voice heard or from participating fully.

AND

You do not have anyone else to advocate for you.

For more information or to make a referral visit:

Cipawales.org.uk

Or call:

0800 206 1387